

Suicide Prevention Week will be observed at RIDGE on September 12th thru the 15th

Our theme this year is "KINDNESS TAKES COURAGE"

The PTO needs parent volunteers to help with this event which will be set up in the front entrance of the school outside the cafeteria. There will be two shifts (Tuesday –Friday) starting at 10am-12pm and 12pm-2pm with two parent volunteers per shift.

Students will be stopping by the tables on their way to lunch and other times during the week and information on stress management, mindfulness, mental health, and more will be available as well as a daily raffle just for stopping by, a kindness post it note board, "you cannot be replaced" wristbands and more...

If you're interested in helping, please contact Joanne Marcus (event chair) jmarcus500@gmail.com

With the date and shift you'd like to volunteer for and she will follow up with you. Thanks!